

A Note from Camp Nurse:

Greetings! I hope everyone is as excited about summer 2021 as I am! Thank you in advance for helping us to have a safe and fun camp. If you are a returning camper we wanted you to know that we have made two changes in our health care policies for this year: **1.) a camper physical, signed by a doctor, is no longer required.** The online application that you filled out will replace this. **2.) Blister packs for medications will now be required to attend camp.**

Please read the points below for details about these changes and other important information

- **Blister packs in place of prescription bottles:** Many drug stores will do this for a small charge, and sometimes, no charge. Research and experience shows that blister packaging is a much safer way to pass meds in a camp setting. This will now be **MANDATORY** to be admitted to camp. We will no longer accept prescription medications that are in bottles or other containers. Please feel free to call or email me if you have any questions or concerns. matt@campascca.org or 256-825-9226 ext. 224
- **All medications MUST come to camp in the original prescription blister pack. We cannot accept or give mislabeled or mispackaged medications. We cannot “verbally” change labels. We can only give meds according to the Doctors written orders (the label is a written order).** This could result in the camper not being admitted.
- **OTC:** Many campers have a variety of over-the-counter (OTC) medications, such as vitamins, allergy medications, stool softeners, and food supplements. We are asking that you discuss the necessity of these products during camp stay with your doctor. **OTC medications MUST be in their original bottle or package.** Also, check with your pharmacy as they may be able to package them in blister packs as well.
- Being prepared *before* camp is one of the many ways we stay efficient. We realize that sometimes your doctor will change a camper’s medications after you have filled out the online application. Please EMAIL me the updates of medications or simply log into the campers online application (your email is your user name) and make the correct adjustments according to their new medications or doses. **If you wait until check-in to inform us of medication changes, the new information will have to be reentered in our records and this makes check-in take a lot longer.**
- **Lastly, please do not send campers to camp if they are sick and/or have open/drainage wounds or bedsores.** Please read our “Camper Eligibility Policy” that is on our website. To find policy, go to website and click on “Camper information” and then on “Camper Eligibility Policy”. Please feel free to email or call me with any questions.

Communication is the key to a healthy, safe camp experience for your camper. Please contact me anytime, even during a camp session.

Sincerely,

Camp Nurse/Staff/Director of Health Services

matt@campascca.org

256-825-9226 ext. 224